O	LUNEDÌ			MARTEDÌ			MERCOLEDÌ			GIOVEDÌ			VENERDÌ			SABATO		
	SALA POLE	SALA 2	SALA X	SALA POLE	SALA 2	SALA X	SALA POLE	SALA 2	SALA X	SALA POLE	SALA 2	SALA X	SALA POLE	SALA 2	SALA X	SALA POLE	SALA 2	SALA X
12:00	12:00 Practice Pole															11:00 Flexy Breakfast Angy		
12:30			12:30 POTENZIAM MUSCOLARE			12:30 POTENZIAM MUSCOLARE			12:30 POTENZIAM MUSCOLARE			12:30 POTENZIAM MUSCOLARE			12:30 POTENZIAM MUSCOLARE	12:00 Practice Pole	12:00 Practice Pole	12:00 Practice Aerea
13:00	13:00 Practice Pole		13:00 KUNG FU			13:00 KUNG FU			13:00 KUNG FU	13:15 Pole multilevel Veronica	13:00 Flexibility Virginia	13:00 KUNG FU			13:00 KUNG FU			
14:00	14:00 Practice Pole																	
15:00										15:00 Practice Pole	15:00 Practice Pole	15:00 Practice Aerea						15:00 KUNG FU
15:30	15:30 Practice Pole						15:30 Practice Pole											
16:00			16:00 Practice Aerea		16:15 Practice Pole	16:00 Tessuti Base 1 e 2 Lina				16:00 Practice Pole	16:00 Practice Pole	16:00 Tessuti Base 1 e Cerchio Principianti Virginia						
16:30	16:30 Practice Pole						16:30 Practice Pole											
17:00			17:00 Practice Aerea		17:35 Pole int 1 Behnaz	17:00 K-Pop Jem					17:00 K-Pop Jem	17:00 Acrobatica under 14 Benedetta		17:00 Practice Pole	17:00 Acrobatica under 14 Alessia			
17:30	17:30 Pole int 1 Rita					17:00 Acrobatica under 14 Lina				17:30 Pole int 1 e 2 Veronica			17:30 Pole int 2 Rita					
17:00	17:00 Pole int 2 Rita				18:40 Pole base Behnaz						18:05 Pole base Behnaz			18:05 Pole base Behnaz				
18:05	18:05 Pole base Rita	18:05 Pole int 2 Veronica/Rita	18:05 Tessuti Base 2 Benedetta			18:05 Tessuti Base 1 Benedetta	18:00 Practice Pole		18:05 CERCHIO Andrea	18:05 Pole base Behnaz		18:05 Tessuti Base 2 Benedetta	18:05 Pole base Behnaz		18:05 Tessuti coreo Alessia			
18:40		18:40 Pole base Veronica/Rita						18:35 Pole int 1 Ale K		18:40 Pole int 1 Veroni/Behnaz	18:40 Pole int 1 Veroni/Behnaz		18:40 Pole int 1 Rita	18:40 Pole int 1 Rita				
19:00						18:05 Practice Pole												
19:10			19:10 Tessuti intermedio Benedetta			19:10 CERCHIO Andrea	18:35 Pole int 1 Ale K	19:10 Pole base Laura	19:10 Tessuti Base 2 Benedetta	18:40 Pole int 1 Veroni/Behnaz	19:15 Pole Adv (Angy)	19:10 Tessuti intermedio Benedetta	18:40 Pole int 1 Rita	19:15 Pole Pre adv *	19:10 Tessuti Base 1 Lina			
19:15	19:15 Pole Pre adv 1/2 (Angy)	19:15 Pole Pre adv 1/2 (Angy)		19:15 Pole Int 2 Angy			19:10 Pole base Laura			19:15 Pole Adv (Angy)			19:15 Pole Pre adv *					
19:50	19:50 Pole int 1 e 2 Ale Q	19:50 Pole int 1 e 2 Ale Q		19:50 Pole int 1 Ale Q	19:50 Pole int 1 Ale Q			19:50 Practice Pole		19:50 - 20:50 Pole base */Ale Q	19:50 - 20:50 Pole base */Ale Q							
20:20							20:20 Exotic o Contemporary											
20:25	20:25 Pole base Ale K.	20:25 Pole base Ale K.	20:15 KUNG FU	20:25 Pole int 1 Ale Q	20:25 Pole Pre adv 1/2 (Angy)	20:15 Tessuti Base 2 Andrea			20:15 Tessuti Base 1 Alida	20:25 Pole int 1 e 2 Ale K.	20:25 Pole int 1 e 2 Ale K.	20:15 KUNG FU			20:15 CERCHIO Principianti Lina			
20:50								20:50 Practice Pole										
21:00		21:00 Practice Pole		20:25 Pole Pre adv 1/2 (Angy)						20:25 Pole int 1 e 2 Ale K.	21:00 Practice Pole							